

**Education**

Fellowship:	Beth Israel Deaconess Hospital 110 Francis Street Suite 3A Boston MA 02215	Surgical Critical Care
Residency:	Monmouth Medical Center Long Branch, New Jersey	General Surgery
Graduate:	Medical College of Pennsylvania Philadelphia, Pennsylvania	M.D.
Undergraduate:	University of Pennsylvania Philadelphia, Pennsylvania	B.A. Russian & Soviet Civilization Magna cum Laude
Research:	UMDNJ/Robert Wood Johnson Medical School New Brunswick, New Jersey	

**Board Certification**

American Board of Surgery  
Surgical Critical Care

**Certifications**

BLS, ACLS,

**Licensure**

Florida  
New Jersey

**Military Service**

Active Duty USAF, Major, Hon Discharge  
Reserve USAF

**Presentations**

Fueling Patient and Provider Health AtlantiCare Regional Medical Center Trauma Symposium	05/2017
Emergencies and Exercise: Similar Traumas Panel Discussion AtlantiCare Regional Medical Center Trauma Symposium	05/2016
Occult intra-Abdominal injuries Maintaining a high Index of suspicion – Trauma Education	02/2015
Sedation and Delirium in Critical Care Trauma Symposium, Harrah's Regional Trauma Center Atlantic City NJ	05/2013
Antibiotics in Critical Care Trauma Symposium, Harrah's Regional Trauma Center Atlantic City NJ	05/2011
Nutrition in Critical Care Trauma Symposium, Harrah's Regional Trauma Center	05/2011
Pediatric Drowning Prevention Trauma Symposium, Harrah's Regional Trauma Center Atlantic City NJ	05/10/10
Pediatric Grand Rounds A New Paradigm in Pediatric Drowning Prevention Atlanticare, Pomona NJ	10/14/09
Nutrition in Critical Care Trauma Symposium, Harrah's Regional Trauma Center Atlantic City NJ	05/05/09

**Publications/Posters/Podcasts**

1. Project Badwater: Drs. Phil Maffetone and Cathy Dudick on Sports-Related 'Trauma,' Training Through Injury, and RecoveryEp. 1A [www.enduranceplanet.com](http://www.enduranceplanet.com) 11/04/15
2. Maffetone, Phil, Ten Truths about sports trauma. Commentary at <https://philmaffetone.com/ten-truths-sports-trauma/> 10/17/15
3. Dudick, C & Maffetone, P, "CARB" not KETO is a four letter word, 1<sup>st</sup> Annual Metabolic Therapeutics Conference, USFTampa FL, Jan 2015.
4. Dudick, C, Lisbon, A, Management of the Postoperative Cardiac Surgical Patient, in Irwin and Rippe's Intensive Care Medicine, 6<sup>th</sup> ed. 2008,2011
5. Tarina Lee Kang, MD, Cathy Dudick, MD, Simon Ashiku, MD, Christopher Baker, MD. Blunt Rupture of the Subclavian- Innominate Venous Junction: Case Report and Review of Literature. J of Trauma, 66(6):1728-30. 2009
6. Haimovich, B., Regan, C., DiFazio, L., et al. The FcγRII Receptor Triggers pp125<sup>FAK</sup> Phosphorylation in Platelets, J. of Biochem. 271(27):16332-16337. 1996

**Research/Projects**

Principal Site Investigator: REDOXS study 03/10-07/11  
(Reducing Death Due to Oxidative Stress);  
Sponsor: Daren K Highland MD, funded by the Canadian Institutes of Research Health

Medical Director: Infant Swimming Resource  
Aquatic Self Rescue Program, AtlantiCare Life Center, Galloway, NJ

**Associations**

American College of Surgeons, Fellow  
Northeast Medical Mission  
1999 Medical Mission to South Catabato Province Philippines  
Rio Vista Equipo Medico  
1994, 1996 Medical Missions to Nuevo Progreso Guatemala

**Honors**

Air Force Commendation Medal  
Charles L. Zukaukas Award, Monmouth Medical Center  
Monmouth Medical Staff Paper Competition, 2nd prize  
MMC Housestaff Poster Competition, First prize  
Monmouth Medical Center Staff Award-Excellence  
Howard Strauss Cardiology Award  
Harry S. Slocum Award, Outstanding Intern of the Year